



HORÁRIOS BIKE INDOOR

	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA
06:30					
08:30	RAPHAEL	RAPHAEL	RAPHAEL	RAPHAEL	RAPHAEL
09:15	RAPHAEL		RAPHAEL		RAPHAEL
09:45		RAPHAEL		RAPHAEL	
16:00	RAPHAEL		RAPHAEL		RAPHAEL
17:00	RAPHAEL		RAPHAEL		RAPHAEL
18:15		ROBSON		ROBSON	
19:15	RAPHAEL	ROBSON	RAPHAEL	ROBSON	RAPHAEL
20:15	RAPHAEL	ROBSON	RAPHAEL	ROBSON	RAPHAEL